

Ithaca Triathlon Club, Inc.
2010 Membership Application

Name: _____	Membership Type: (circle one)
Address: _____	New/Renewal 5 Year (\$100: Expires 12/31/2014)
_____	New/Renewal Individual (\$25: Expires 12/31/2010)
Email: _____	New/Renewal Family* (\$35: Expires 12/31/2010)
Phone: _____	New/Renewal Student (\$15: Expires 12/31/2010)
Gender: <u> M </u> / <u> F </u> Birth Date: _____	
USAT Member #: _____ (if applicable)	Note: For new members, as of July 1, membership fees are: \$25 for family, \$15 for individual, \$10 for student *Family - each family member must complete an application

Make checks payable to: **Ithaca Triathlon Club, Inc.**
 Mail to: **ITC, Membership Coordinator, PO Box 4134, Ithaca, NY 14852**

VOLUNTEER! The club needs your help for the Cayuga Lake Triathlon! It is the major fund-raiser for the club. Following are the volunteer areas where your help is MOST needed! Please indicate the areas you can help with in 2010.

- | | |
|--|--|
| <input type="checkbox"/> Race set-up | <input type="checkbox"/> Bike Course flagger |
| <input type="checkbox"/> Post-race cleanup | <input type="checkbox"/> Race Breakdown |
| <input type="checkbox"/> Equipment Hauling | <input type="checkbox"/> Parking and Traffic |
| <input type="checkbox"/> Crowd Control | <input type="checkbox"/> Other? _____ |
- I'm sorry I'm unable to volunteer at this time.
 I would like to contribute \$_____ to assist with the Cayuga Lake Triathlon.

Acknowledgement, Waiver, & Release From Liability (AWRL)

I acknowledge that a triathlon or multisport/duathlon is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN TRIATHLONS OR MULTISPORT/DUATHLONS, I certify that I am physically fit, have trained for participation in these events, and have not been advised otherwise by a qualified medical person.

I acknowledge that this AWRL form will be used by the Ithaca Triathlon Club, Inc. ("ITC") and the sponsors and organizers of all ITC activities; activities being of a workout or low-key nature or a race format or just a social event. I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assign as follows: **a) WAIVE, RELEASE, DISCHARGE and AGREE NOT TO SUE**, for any and all liability for my death, disability, personal injury, property damage, property theft, or action of any kind which may hereafter accrue to me as a result of participation in, or my traveling to or from a ITC activity. THE FOLLOWING PERSON OR ENTITIES: ITC, event sponsors, race directors and coordinators, event producers, event volunteers, and all cities, counties, districts and/or states in which said events may be staged or in which segments of said events may be run and its (their) officers, directors, coordinators, employees, representatives and agents and volunteers; **b) INDEMNIFY AND HOLD HARMLESS** the persons or entities mentioned in the paragraph from any and all liabilities or claims made by individuals or entities as a result of my actions during ITC activities or events. I realize that most ITC activities are of a workout or social nature and no traffic control will be in place during the event or activity. I will be responsible for knowing and following all traffic laws while participating in, practicing for, or traveling to or from an ITC event or activity. I hereby consent to receive treatment in the event of my injury, accident, and/or illness during any ITC activity.

I CERTIFY THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER; I HAVE READ THIS DOCUMENT; AND UNDERSTAND ITS CONTENTS:

Printed Name: _____ Date: _____

Signature: _____

Contact Person in case of Emergency: _____ Phone: _____

If under eighteen (18) years of age, parent or guardian must sign waiver:

Parent/Guardian Signature: _____ Date: _____

Revised 12/7/08

OFFICIAL USE ONLY:
 OTHER NAMES INCLUDED IN FAMILY MEMBERSHIP: _____

Check # _____ Check Date _____ Deposit Date _____ Sent membership card? [] Updated membership list? []